

Carr Lodge Academy Dining Menu Autumn/Spring Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Homemade Spaghetti Bolognese Or (V) Quorn Bolognese Or Sandwich 50/50 bread - Tuna Mayonnaise Or Cheese Served with Mix & Match Salad Sticks Chocolate Crunch Fruit pot	Chicken Goujons with Wedges, Sweetcorn & Peas Or (V) Quorn Nuggets Or Jacket Potato with Tuna Mayonnaise or Cheese & mixed salad Fruit pot or Yoghurt	Roast Gammon, New potatoes with seasonal veg Or (V) Veggie Burger Or Sandwich 50/50 bread - Tuna Mayonnaise Or Cheese Served with Mix & Match Salad Sticks Fruit pot or Flapjack	Chinese Chicken Curry with veg & Noodles Or (V) Macaroni Cheese and sweetcorn served with broccoli Jacket Potato with Tuna Mayonnaise or Cheese and Beans & mixed salad Fruit pot or Yoghurt	Fish Fingers, chips & Batton Carrots Or (V) Veggie bites Or Sandwich 50/50 bread - Tuna Mayonnaise Or Cheese Served with Mix & Match Salad Sticks Apple Crumble & Custard or fruit pot
2	Chinese Chicken Curry with veg & Noodles Or (V) Veggie Curry Or Sandwich 50/50 bread - Tuna Mayonnaise Or Cheese Served with Mix & Match Salad Sticks Fruit pot or Frozen Strawberry or Mango Smoothie	Beef Chilli con Carne and rice Or (V) Vegetarian Chilli Jacket Potato with Chicken Curry or Cheese and Beans & mixed salad Fruit pot or Yoghurt	Sausage, mashed potato with seasonal veg Or (V) Vegetable Sausage Or Sandwich 50/50 bread - Tuna Mayonnaise Or Cheese Served with Mix & Match Salad Sticks Fruit pot or Sparkle Sponge	Chicken and vegetable pasta bake Or (V) Vegetable pasta bake Jacket Potato with Chilli or Cheese & mixed salad Fruit pot or Yoghurt	Fish Cake, chips, peas & sweetcorn Or (V) Veggie bites Or Sandwich 50/50 bread - Tuna Mayonnaise Or Cheese Served with Mix & Match Salad Sticks Apple Sponge or fruit pot
3	Savory mince, served with Mash, green beans & carrots Or (V) Quorn Savory mince Or Sandwich 50/50 bread - Tuna Mayonnaise Or Cheese Served with Mix & Match Salad Sticks Fruit pot or Blueberry Muffin	Chicken Nuggets, chips & beans Or (V) Quorn Nuggets Or Jacket Potato - Tuna Mayonnaise or Cheese and Beans & mixed salad Fruit pot or Yoghurt	Roast Turkey, New potato Roasted with seasonal veg Or (V) Vegetable Casserole Or Sandwich 50/50 bread - Tuna Mayonnaise Or Cheese Served with Mix & Match Salad Sticks Fruit pot or Yoghurt	Beef meatballs in homemade sauce with spaghetti pasta Or (V) Quorn meatballs Or Jacket Potato with Tuna Mayonnaise or cheese & mixed salad Fruit pot or Yoghurt	Salmon Fishcake with Rice, peas & sweetcorn Or (V) Veggie bites Or Sandwich 50/50 bread - Tuna Mayonnaise Or Cheese Served with Mix & Match Salad Sticks Jelly and mandarin or fruit pot

A selection of different fruits will be on offer in the fruit pots - e.g apple, orange, raisins, melon, watermelon and grapes.

Please pre select and pay for dinners on ParentPay in advance.

For universal free school meals (Rec, Y1 & Y2) & free school meals, please select your meals on ParentPay & there will be no charge.

This is a 3 week rolling menu.



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